

2024
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STALHAM HIGH SCHOOL - MAGAZINE



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Reading Dog



International Women's Day



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Headteacher's note

It has been a very busy Spring Term with a huge number of events and opportunities for students.

We have had several Parents' Evenings, as well as our Preferences Evening for Year 9 students regarding the GCSE qualifications they will follow next year; this year's wider range of GCSE courses has been very well received.

Attendance in schools is always a hot topic nationally. Thank you to all parents and carers who ensure their child attends school every day, when physically able to. When a child is absent, the learning they miss does make a difference to their progress and being able to keep up with work when they

return to school after an absence. Students who miss school for any reason need to catch up and they must take some responsibility for this.

Finally, I would like to thank all staff, the community, parents, carers, Governors, businesses and voluntary groups that support the children of this community.

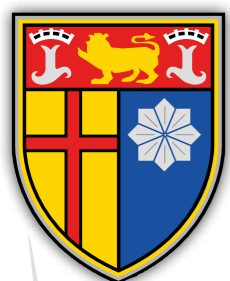
Alastair Ogle Executive Headteacher
Sheringham and Stalham High School



**AUTUMN
CATCH UP**

Christmas Jumper day

A very big thank you to our students and staff who took part in our Christmas Jumper Day in December in support of Save the Children. It was great to see so many students wearing their Christmas jumpers for this amazing cause.



Senior Leadership Team on the move!

Mr McMahon

Since September, the school introduced a roaming system of active leadership. This means that every lesson, every hour, one of the members of the Leadership Team (Mrs Davison, Mr McMahon, Mr Norris, Miss Tarry and Mr Ogle) walks around the school and pops into each classroom to be present for a few moments whilst lessons are taking place.

The new system has been warmly received by both students and teaching staff alike, referring to how supportive and reassuring it is for everyone. It's a superb way to keep in touch with what is really happening in our classrooms. We get reassurance that we, as a school, are doing what we say we are doing for our students. And, as well as learning some new content from the curriculum ourselves, we can sample the student's daily diet of learning activities and make sure the climate of our classrooms is how we want it to be... calm and purposeful.

Bake-off

Just before Christmas, we once again hosted our Staff/Student Bake-off Challenge! Staff and students paired up to make the best savory treat against the clock. We had some excellent sausage rolls, pizzas and cheese biscuits! Congratulations to Beatrix and Miss Adams on their win!





Christmas carols

Our students were invited by St Mary's Church, Stalham, to organise and participate in a Christmas Carol Service for students in Years 7 and 8.

This was a wonderful opportunity for our students to reflect on the meaning of Christmas for themselves and others in their local community.

(Carols)

Christmas Hampers

Our Form groups were very creative in form time in December, making hampers in the theme of British Culture. Some wonderful creations were made to house the very generous donations received from our students and their families, our staff, and the wider community.



Staff band performance

Eight of our members of staff were busy last term secretly polishing up on their musical skills to perform Last Christmas by Wham! at our winter celebration assembly. Mrs Clarke was on vocals, Mr Norris and Mr Minns were on bass, Mr Rider was on guitar, Mr De'Ath was on the drums, Mrs Dorkins was on the keyboard and Ms Williams and Miss Spencer were on the all-important back-up percussion! The band worked very hard in secret to perfect their routine and it paid off. Excellent work everybody!



The Winter Showcase

Ms Aldridge, Mrs Dale & Mr Rider

In December, the Expressive Arts Faculty presented a one-night-only Showcase Spectacular. Students from Years 7-11 took to the stage to display their creative abilities in Music, Art and Drama, supported by an excellent sound and lighting crew. The acts included a modern take on the nativity (panto style), an extract of the GCSE Drama set text 'DNA' by Dennis Kelly, a musical cover of Sia's 'Snowman' and a performance by Elastic Band, our Year 7 band, who covered 'Seven Nation Army'. The Showcase was a celebration of the arts by students of all abilities, with curricular and extra-curricular work on

show. It was also an opportunity for our students to display their artwork gallery-style for our guests to look at before the performance as well as digitally on the projector screen. It has been a long time since our school put on a show of this size and we are so proud of the hard work everyone put in. We'd like to thank every student who participated, the staff who supported and helped in advance and on the evening, and the audience for their support at the event; may it be the first of many such celebrations.



Macbeth

Mr Hole

The English Department love to go to the theatre, so when we heard that there was a touring production of Macbeth visiting the Playhouse in Norwich, we couldn't resist the opportunity to take some students along! This was a traditional dress production, with lots of tartan, lots of swords and some really, really ugly witches.

There was plenty of physical theatre too, with some clever lighting and puppet effects for the ghostly and spooky scenes and what was definitely the most dramatic final sword battle between Macbeth and Macduff we have ever seen. A noisy, brutal, hard fought struggle with sparks flying off the very heavy, very real looking swords made for a spectacular climax to a really engaging production of the play.

Many thanks to the colleagues who supported this evening trip, we hope that the students enjoyed it as much as we did!

MACBETH
WILLIAM SHAKESPEARE



Blind date with a book

HOW IT WORKS:
READ THE BOOK PROFILES
Miss Spencer ran 'blind date with a book' throughout Valentine's week 12/02-16/02 in the Library. The concept was to not judge a book by its cover; the books were individually wrapped in paper with a few bullet points to describe the themes of the book as well as the book's reading level. The idea was for students to pick up a book with themes they're interested in and read something different. Our students enjoyed the chance to read new genres, discover new authors and meet characters that they otherwise wouldn't have.

UNWRAP AND ENJOY READING IT!

Don't Break the Chain!

Don't break the chain!

We started the year with a big push for reading for pleasure with Mrs Fairchild setting the school a challenge called 'Don't Break the Chain' during the month of January.

Students, staff, and their families were encouraged to read every day for a month to combat the January blues and to rediscover a love of reading at the start of 2024. Forms were encouraged to track their progress over the weeks with the prize for the winning form being a Pizza party. Congratulations to Mrs Yaxley's form for winning the grand prize!

Read every day of the month of January and win pizzas for your Form Group!

Reading Dog

At the end of February, a group of students had the opportunity to read to Rallo, a reading dog. Rallo is a cockapoo from Antingham and Southrepps Primary School and his job is to listen to children read. Reading out loud to a dog has been proven to boost confidence as well as improve decoding, tone and emphasis which are all crucial to being a great reader. Rallo was very excited to be in a new library and enjoyed the tummy rubs and stories our students had to share with him. We are excited to have Rallo back in the future so we can invite more students to experience the joy of reading to a dog.



Problem-solving School

Enriching maths



Nrich Problem-solving School

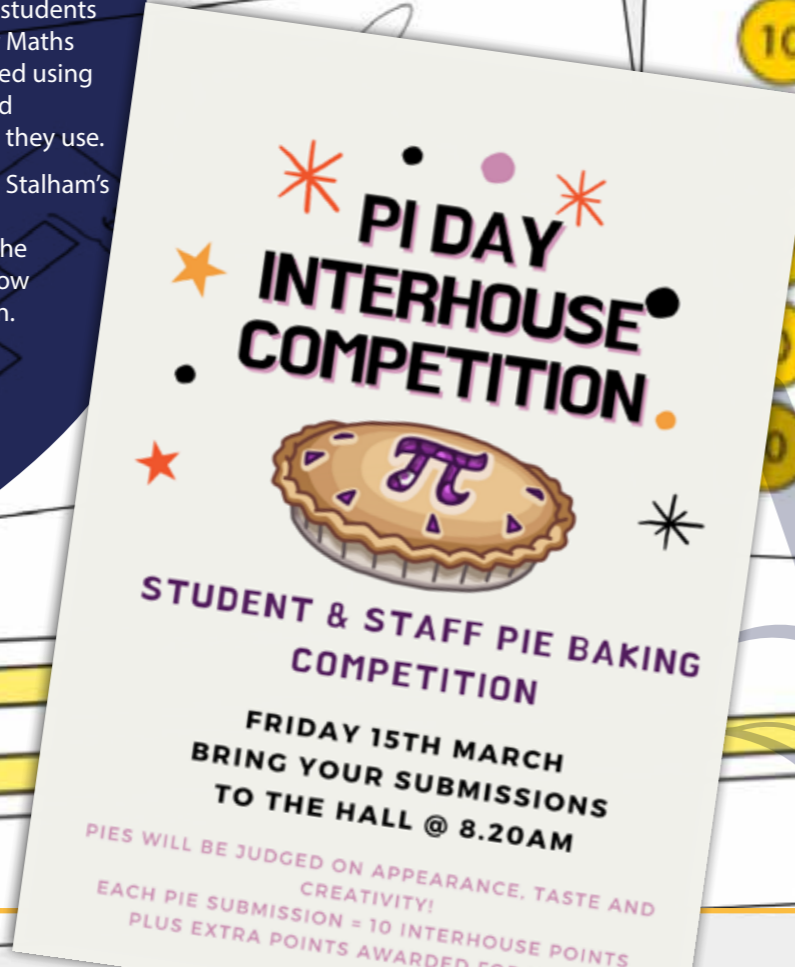
We are pleased to announce that we are now an Nrich Problem-solving School. This will allow our students to have more opportunities to develop their problem-solving skills across the school.

Maths Mastery at Stalham

Mr. Ali

Here at Stalham we have adopted a Mastery approach to teaching Maths; a Mastery approach assumes everyone can learn and enjoy Maths. This approach develops students reasoning skills, focuses on making connections with real world Maths and ensures lessons are carefully sequenced to forge a deeper understanding of the subject. This highly regarded approach to teaching Maths will provide students at Stalham with an understanding of how and why Maths works. This half term, students in Year 7 have enjoyed using a range of manipulatives including algebra tiles and double-sided counters to make sense of the Maths they use.

The Maths Department are also looking forward to Stalham's annual Pi(e) baking competition. On the 15th of March, staff and students will compete to bake the best tasting and looking Pi(e)! We are excited to show you all the wonderful entries in the summer edition.



Science

Mr Covington

As we approach the GCSE exam season, many Year 11 students continue to take full advantage of the revision classes offered by the department. These sessions provide a valuable opportunity to practice answering questions on the more challenging parts of the course and are an excellent complement to their own revision at home. In preparation for the exams, Year 11 Triple Science students had a guest speaker from the Stimulating Physics Network, providing some feedback from the November mock exams.

Year 9 are currently studying their biology topic; Human Body Systems. In this topic, students learn about the key organ systems in the body including the circulatory system, breathing system, digestive system, and the endocrine system. The "big idea" that students must master by the end of the topic is the principle that multiple organs work together to achieve a key function in the body. Students have recently dissected a pig's heart to identify the chambers of the organ and the vessels that connect to the heart. Students love this practical as they get to use the dissection equipment to create a cross-section of the heart, as well as use labelled flags to identify the atria, ventricles, arteries, and veins.

This term, Year 8 have enjoyed learning about the skeleton, muscles, and the effect of exercise on the human body, whilst Year 7 have covered diet, digestion, and breathing, using reagents to test various foods for protein, carbohydrates, fats, and sugar



Hola and bonjour

This is the first year that our Year 7 students have had the opportunity to study both Spanish and French simultaneously. The students have risen to the challenge, and it is pleasing to see the progress they are making as dual linguists.

Students have learnt key phonics, grammar rules and personalised vocabulary to communicate about themselves, their family, and their school. Our students are mirroring the Stalham 5 curriculum principles in displaying high ambition and developing into resilient readers in two foreign languages. Bravo!

Year 9: Careers

Mr. Messenger

As well as studying the topic of jobs and career choices in French lessons, Year 9 have also had an assembly on the importance of language learning.

We have identified transferable skills that language learners possess (risk taking, communication, teamwork, problem solving, compassion and understanding, attention to detail) as well as career opportunities available to people with a language GCSE.

Elsewhere in the MFL department, our students have been busy completing a vast range of activities such as rainbow writing about past concerts, tarsia puzzles to practice the key verb avoir (which is needed to form the past and future tenses) and researching and presenting francophone musicians. Students are taking pride in their work, and we are very proud of them for this.

DEPARTURES		
Time	Destination	Gate
09.00	TRANSLATOR	Boarding
09.35	DIPLOMAT	Boarding
10.05	JOURNALIST	Final Call
10.20	DISASTER RESPONSE	Go to gate
10.55	POLITICIAN	Boarding
11.15	AU PAIR	Final Call
11.45	AMBASSADOR	Go to gate
12.00	TEACHER	Boarding
12.20	INTERNATIONAL RETAIL	Final Call
12.50	HEALTH CARE	Go to gate
13.10	TRAVEL INDUSTRY	Gate 11
13.25	SPORTS	Gate 25
13.55	LECTURER	Gate 12
14.15	TUTOR	Go to gate
14.45	INTERNATIONAL	Go to gate
15.30		

Food Technology

In Year 7, we have been focusing on independent use of the cooker where students are independently using the grill, hob, and oven; Students have been successfully making scrambled eggs on toast and savoury scones.

In Years 8 and 9, students have gained further experience by cooking a wide range of savoury products and specific cookery techniques which included making a reduced tomato sauce and shortcrust pastry.

GCSE Food students in Year 10 have been focusing on the commodities of fish, poultry, meat, and eggs. We have had some lovely fish and chip meals and miniature meringues made in lessons.

Finally, our Year 11s have been focused on their NEA task. NEA stands for Non-Examination Assessment and is work completed under controlled conditions in the classroom. Students completed a food science project in the early Autumn term and have since been working on a practical based task linked to the theme of International Hotel Breakfasts. Students must complete a written project to help them plan and prepare for a 3-hour practical exam where they make three dishes in three hours. All students completed both their practical exam and written project this term and will be preparing for their written exam after Easter.

Computer Science

Our Year 11 Computer Science students who have been getting creative and modelling different network topologies (network layouts) using paper cups and string.





Under 14's Rugby Day

At the end of January, the Under 14s Rugby team took part in a rugby day at the North Walsham Rugby Club. Despite the mud and the cold, the team had fun going over evasive, passing, and tackling skills which was then followed by fixtures against North Walsham and Dereham Neatherd in the afternoon.



Year 7 Rugby Day

The 5th of March was a busy day for our Year 7 girls at North Walsham Rugby Club. A group of our Year 7 girls got to visit the Club to take part in their Development Day. During the morning, the girls worked with several first-team players on their skills and the fundamentals of rugby. In the afternoon, they put what they had learnt into action in games against Acle and Broadland. Their hard work paid off as they scored multiple tries.

As if the day wasn't action-packed enough, a group of these students then went straight to a netball tournament at Aylsham High. There were some positive phases of play, with some excellent interceptions, movement around the court and goals. It's a pleasure to watch this team develop after every game.



Under 14's and Under 15's Rugby Weekend

During the last weekend of January, the PE department headed to North Walsham Rugby and Football Club to watch our students in action. It's always a pleasure watching our students excel in their extra-curricular activities and they even bumped into some of our rugby girls after their training session. Well done everyone.



Leicester Tigers

A big congratulations to Dexter, who recently represented Leicester Tigers U16s Norfolk Academy against Northampton Tigers Academy.

Incredible work from the Norfolk-based side, resulting in a 43-15 win, helped by a try from Dexter! There's lots more to come from this young man in his rugby journey and all at Stalham are excited to follow Dexter's progress!



SPORT



School Sports Partnership- Bowling

At the end of last half-term, some of our Year 7 and 8 students represented the school at the Norfolk SSP bowling event held at Rossis Leisure Centre. Some excellent skills were on display from all of our students, but especially from Harry, who won an additional award for the most strikes!

After all the games were complete, Stalham were awarded Second and Fifth place - a big well done to all involved



London Pulse Trip *Abigail*

'We set off early from school and travelled to London on the school minibus. Once we arrived at the Olympic Park, we used the London buses and the Tube to move to our destination. First, we took the Tube to the Natural History Museum, we saw a dinosaur exhibit with an animatronic T-Rex and huge skulls of creatures that used to walk the planet. We also saw seaweed trapped in glass, loads of species of butterflies, and learnt lots about animals that have been part of our world.

We then walked a little further away from the Natural History Museum and went to McDonalds next to Harrods. After McDonalds we visited Westfield Shopping Mall and got to look in some of the shops. The shopping mall was huge. Then it was nearly time to go to the Copper Box to watch London Pulse play Loughborough Lightning. The game was super exciting. In the last quarter the score was 52:52 and in the last 5 seconds of the final quarter London Pulse scored! Making the final score 53:52 to London Pulse and we won!

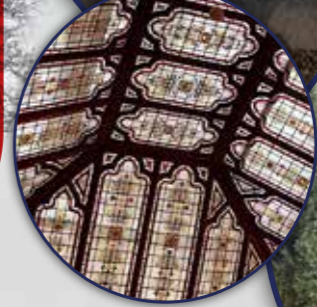
The bus ride back was buzzing with all the excitement from the game we had just seen. We all had a great day!



The Pad

The Pad took their students to Bletchley Park to visit the workplace of Alan Turing. During our tutor time we have been studying the lives of famous neurodiverse individuals. The children spent time cracking the enigma code and had a tour of the Park which included a look in Alan's office. The students were highly amused to see that he used to chain his cup onto the radiator, so he didn't share it with others!

THE PAD



Meet Mr Jackson, our new head chef:

"I recently retired from the Royal Air Force after 22 years as a chef and was eager to take on a new challenge. I accepted the appointment as Chef Manager at Stalham High School in mid-January and immediately identified that the breaktime food being offered needed overhauling. We set up a project group to find out what the students wanted to further develop the Refectory. I am also hoping to get students involved in some kitchen workshops in the future, covering things from basic bread making to more complex cooking. I look forward to all the challenges ahead and hope that the Refectory can be used to its full potential by being better incorporated into the students' education at Stalham High."

What's new:

This term I've introduced the new spring /summer lunch menu to provide students with a tempting selection of food using seasonal produce wherever possible. Each day we offer a combination of traditional and world flavours, either as the main meal or the street food option. There are also vegetarian and vegan meals available, a jacket potato bar and freshly made plated salads (with a choice of proteins).

norse CATERING

Lunch Menu - Week One

Week Commencing: 26 Feb | 18 Mar | 22 Apr | 13 May | 10 Jun | 1 Jul

Monday	Tuesday	Wednesday	Thursday	Friday
Pork and Pineapple Curry with Steamed Rice and Naan Bread Or Chicken and Pineapple Curry with Steamed Rice and Naan Bread (v)	Beef Lasagne, Garlic Bread and Mixed Salad Or Vegetable Lasagne, Garlic Bread and Mixed Salad (v)	Roast Gammon with Baby Roast Potatoes, Seasonal Vegetables and Gravy Or Vegetable and Cheddar Roast, Baby Roast Potatoes, Seasonal Vegetables and Gravy (v)	Sweet Chili Chicken with Rice Noodles Or PLANT-POWERED Sweet Chili Vegetables with Rice Noodles (Ve)	Battered Fish with Chunky Chips, Mushy Peas or Beans Or Sweet Potato and Vegetable Fritter with Chunky Chips, Mushy Peas or Beans (v)
Chicken and Pesto Pasta	PLANT-POWERED Tex Mex Chili with Steamed Rice (Ve)	Curried Pulled Chicken Wrap	BBQ Meatball Sub	PLANT-POWERED Falafel Bites with Couscous Salad (Ve)
Raspberry Brownie	Fresh Fruit Selection	Summer Berry Meringue	Fresh Fruit Selection	Oaty Apple Slice

All plated dishes served with a choice of seasonal vegetables or mixed salad



norse CATERING

Lunch Menu - Week Two

Week Commencing: 4 Mar | 25 Mar | 29 Apr | 20 May | 17 Jun | 8 Jul

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Tikka Masala Curry with Steamed Rice and Naan Bread Or PLANT-POWERED Vegetable Tikka Masala Curry with Steamed Rice and Naan Bread (Ve)	Beef Bolognese with Pasta, Mixed Salad and Garlic Bread Or Vegemince Bolognese with Pasta, Mixed Salad and Garlic Bread (v)	Chicken Pie with Creamy Mash, Seasonal Vegetables and Gravy Or Vegetable Wellington with Creamy Mash, Seasonal Vegetables and Gravy (v)	Sweet and Sour Pork with Steamed Rice Or PLANT-POWERED Sweet and Sour Vegetables with Steamed Rice (Ve)	Battered Fish with Chunky Chips, Peas or Beans Or Tomato and Courgette Frittata with Chunky Chips, Peas or Baked Beans (v)
Pork and Stuffing Burger with Apple Sauce	Chicken Souvlaki Wrap with Mixed Salad	PLANT-POWERED Plant Balls with Pasta and Tomato Sauce (Ve)	Tomato and Bean Loaded Wedges (v)	Roast Pepper Pizza (v)
Key Lime Pie	Fresh Fruit Selection	Lemon Drizzle Cake	Fresh Fruit Selection	Blueberry Muffin

All plated dishes served with a choice of seasonal vegetables or mixed salad



norse CATERING

Lunch Menu - Week Three

Week Commencing: 11 Mar | 15 Apr | 6 May | 3 Jun | 24 Jun | 15 Jul

Monday	Tuesday	Wednesday	Thursday	Friday
Fragrant Kerala Chicken Curry with Steamed Rice and Naan Bread Or PLANT-POWERED Fragrant Kerala Vegetable Curry with Steamed Rice and Naan Bread (Ve)	Cajun Chicken Pasta with Mixed Salad and Garlic Bread Or Mediterranean Vegetable Pasta with Mixed Salad and Garlic Bread (v)	Slow-Roasted Pork with Creamy Mash, Seasonal Vegetables and Gravy Or Cheese and Potato Pie with Seasonal Vegetables and Gravy (v)	Beef Burrito Bake with Potato Wedges and Mixed Salad Or Vegemince Burrito Bake with Potato Wedges and Mixed Salad (v)	Battered Fish or Salmon Fingers with Chunky Chips, Peas or Beans Or Five Bean Burger with Chunky Chips, Peas or Baked Beans (v)
Mac 'n' Cheese (v)	PLANT-POWERED Singapore Noodles (Ve)	PLANT-POWERED Onion Bhaji Burger with Mango Chutney and Shredded Salad (Ve)	Southern-Baked Chicken in a Roll with Pickles, Lettuce and Mayo	Mexican Bean Chili with Nachos (v)
Lemon Cheesecake	Fresh Fruit Selection	Spiced Apple Cake	Fresh Fruit Selection	Mixed Berry Muffin

All plated dishes served with a choice of seasonal vegetables or mixed salad



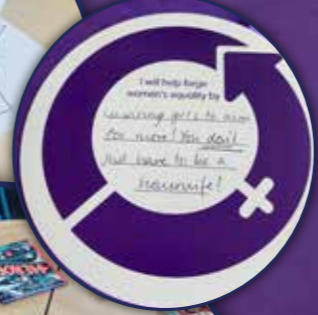
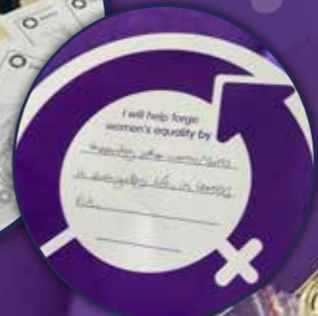
International Women's Day

Stalham High School were busy celebrating International Women's Day on the 8th of March. The theme for this year was 'Inspiring Inclusion'. The whole school had assemblies on all things IWD and Forms took part in a 'Humble Brag' quiz, where staff were encouraged to submit an achievement that they were proud of, and students had to match the 'humble brag' to the staff member. The Library was also involved in the day's activities having been decorated in IWD purple! Students took part in activities at lunch time such as colouring in famous female icons, sharing ways we can work towards an equal world, and ultimately: inspire inclusion! The theme continued the following week, when students from Year 7-9 had the opportunity to take part in IWD themed activities during their Library lessons.

A big thank you to Ms Williams and Miss Spencer for their enthusiasm and effort in leading such an excellent day.



International Women's Day



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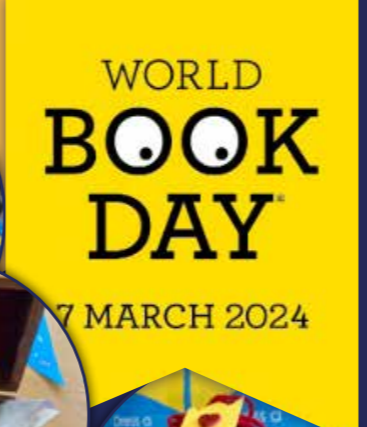
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WORLD BOOK DAY

World Book Day

The 7th of March was World Book Day! Our staff and students enjoyed the opportunity to celebrate all things books. Students received their book tokens and were able to get a book for free or for a discount at local book sellers. Ms. Fairchild ran a 'Dress a Potato' competition where students and staff were encouraged to dress a potato up as their favourite book character. Each entry won a point for their house, and the winner won a prize! Well done to Oliver (White Rabbit) and Mina (Coraline) on their runner up positions, and a big congratulations to Bethany for winning with her excellent Oompa Loompa!



EXTRA CURRICULAR

Norfolk Showground Festival of Knowledge

Our Year 8 and 9 students got the opportunity to travel to the Norfolk Showground for the Festival of Knowledge, an event which brings together businesses, schools, education, and training providers to deliver skills, careers, and job inspiration to students. Our students got to talk with over 30 different organisations about apprenticeships, on-the-job training, and college. They also got the chance to explore career paths they had never thought of before such as a DNA researcher, a radiologist, or a wind turbine technician. For our Year 9 students, it was an excellent opportunity for them to consider where the subjects they might be considering for Year 10 might take them.

www.icanbea.org.uk



British Sign Language Club

We have been lucky enough to run a British Sign Language Club after school this term with SignWise. Our students have worked extremely hard to learn, remember and use hundreds of signs to communicate with Deaf and non-verbal people. Each week they have recapped what they have learnt over

previous weeks, before going on to learn new topics. We are very proud of how hard our students have worked and very grateful to Jo, Kaye and James from SignWise for their excellent tuition, patience and enthusiasm.



F24

F24

F24

On the 29th of April 2024, the F24 team will have their first race at Mallory Park, Leicester. There will be 100+ teams competing to qualify for the National Leaderboard, and we plan on being one of them. We are all really looking forward to showing off both our car and our skills and hopefully have an awesome time together as a team.

We are also thrilled to be able to announce that a local engineering company has generously offered a conditional sponsorship for our project, contributing £200 towards our endeavours! Their support will greatly propel our efforts towards innovation and race day success! We should also say that it's not too late to have your company or business logo added to the car design in the event you might like to sponsor us.

In other exciting developments, we have successfully completed initial test runs for our car right on the tennis courts; from figure-of-eights to zigzags, we have put our car through its paces, ensuring its readiness for the road ahead.

We recently held a hot chocolate fundraiser to help us afford the wood panels for the car and these have now arrived. We would like to say thank you to everyone who contributed

to the cause as without the support, we wouldn't be where we are now. We have wasted no time in beginning the process of skinning the vehicle (creating the outer shell). Each step brings us closer to our goal of creating something truly remarkable.

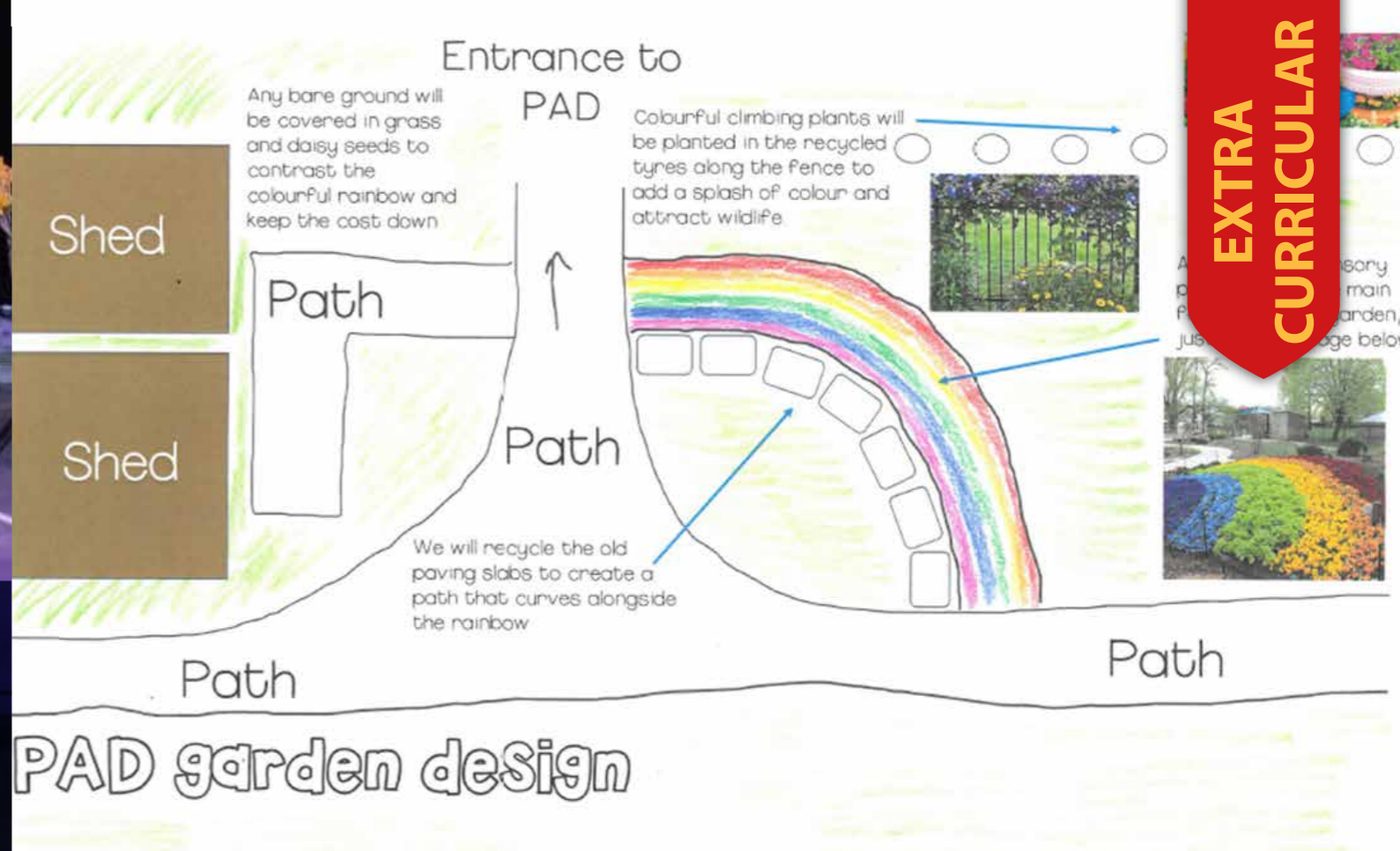
It's worth noting that the design of our car is meticulously crafted for aerodynamic efficiency. Every curve, every angle is carefully considered to maximise performance and speed. But what good is a car without drivers? Our F24 team drivers have now been chosen to compete in the Formula 24 races. These drivers are passionate about racing and have chosen this position after training and experience. The drivers will work together as a team, supporting and motivating each other to achieve their best. It will be inspiring to see their dedication and determination as they navigate the twists and turns of the race.

With the support of our sponsors and our dedicated team, we're confident that we are on the right track to success. Stay tuned for more updates as we continue to push boundaries and redefine what's possible!



Agriculture conference

A group of students travelled to Gresham's School in January to attend their Agriculture Conference. This was the first time that students from Stalham High School have attended, and they thoroughly enjoyed their day. Thank you to Gresham's for the invite!



Eco club

Eco-Club have been meeting regularly to plan the design of the new Pad Garden. The brief asked for colour and sensory focuses, as well as having those all-important eco elements. The final design featured a rainbow of bright and sensory-friendly plants with a re-cycled slab path alongside it.

A new path to the sheds will mean easy access for our site-team and will preserve the grass-and-daisy-seed lawn. Climbing plants will be planted in re-cycled tyres along the fence to attract wildlife. Our Eco-Club students are excited to start making their plans a reality!



Prom Fundraising

On the 2nd of February, our Year 11s held a bake sale to raise money for Prom. Staff and students were asked to bring in cakes and other sweet treats to sell for the cause. Congratulations to our bakers, sellers, and buyers for raising over £100!



Duke of Edinburgh Award

Mr Youngs

It has been amazing to see the Duke of Edinburgh Award students doing so many exciting activities to complete their Award. Students have been developing their skills in everything from horse riding to weightlifting and making a real difference to their communities by volunteering their time to help projects in care homes and local charities.

The Award is helping students to build life-long belief in themselves and discover new passions. With the expeditions on the horizon, students will have the opportunity to challenge themselves and develop essential skills which will make them stand out in a crowded employment market. We can't wait to share the expedition photos with you in forthcoming issues.

ADVERTISE YOUR BUSINESS HERE

Our termly Reed On Magazine is shared directly and via email with approximately 2000 adults in our community.

Printed copies are shared with over 300 families with children aged 9 to 11 years. These children attend our local Primary Schools including Stalham Academy, Ludham Primary, Happingburgh Primary, Catfield Primary, Bacton Primary, Fleggburgh Primary, Martham Primary and Rollesby Primary. Printed copies are also distributed in our local community in libraries and community centres.

Full Page (A4) £150

Half Page £75

Quarter page £50

You provide the design, and we share it.

SUPPORT STALHAM HIGH SCHOOL
office@stalhamhigh.org.uk

It's really hard when you think
your child isn't safe.
We are here to listen and help.



My daughter isn't safe, she is having to do things which could get her into trouble with the police.

I feel isolated and nobody is telling me what is going on.

SAFECALL
It's your call.

Call or text 116 000, 7 days a week, 9am-11pm
for free, confidential support



Safecall is a county lines exploitation support service operated by the charity Missing People. Registered charity in England and Wales (1020419) and in Scotland (SC047419)



NHS
Norfolk and Suffolk
NHS Foundation Trust



Are you under the age of 25?

Are you a parent/carer of a young person under the age of 25?

Do you like designing things?

We are developing a new website to improve mental health services for Children, Families and Young People and we want to hear from you what is important.

For more information or to make other arrangements to contribute, email Andrea Bland, People Participation Co-ordinator

People.Participation@nfsft.nhs.uk

Third Monday of the month 6-7pm via Microsoft Teams.

NEXT MEETING:

To join the meeting each month go to nfsft.uk/WTG

or scan the QR code



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for your information

Introducing the new FYI website for young people in Norfolk & Waveney

Norfolk and Waveney Children and Young People's Health Services have launched a brand-new website 'FYI' for those aged 11-24, who are seeking self-care advice, information and guidance about their health and wellbeing. The new website is validated by NHS clinicians and other professionals, making it a reliable source of information on topics such as, health, education, relationships, emotional and mental health and much more.



Using interactive content, downloadable resources and real-life experiences, FYI aims to empower young people to take control of their health and wellbeing, as well as providing information on accessing further local help and advice if needed.



www.fyiforfolk.nhs.uk



Stalham High School

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